



SETTRAC News

July 2005

Austin, Colorado, Fort Bend, Harris, Matagorda, Montgomery, Walker, Waller, Wharton Counties

RAC Quarterly Meeting Reminder

The next RAC Quarterly Meeting will be

Monday, July 18, 2004 at 7:00pm

The meeting will be held at Memorial Hermann Hospital. Please mark you calendar and try to attend this very important meeting.

This is the fourth meeting of the SETTRAC Fiscal Year.

ELECTIONS will be held.

RAC Quarterly Meeting Schedule

for Fiscal Year
Sept 1, 2004 – Aug. 31, 2005

October 18, 2004

January 24, 2005

April 18, 2005

July 18, 2005

SETTRAC

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Chairman
Vice Chairman
Vice Chairman
Secretary-Treasurer
Member-at-Large

James H. Duke, MD
Darrell L. Pile
Thelma Lemley
Allen Johnson
David Persse, MD

Memorial Hermann Hospital
Houston Northwest Med. Center
Greater Houston EMS Council
Montgomery County EMS
Houston Fire Department

Executive Director

David Rives

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713-704-6816

Program Manager

Marnie Krause

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713-704-3972

SETTRAC Quarterly Meeting

A quick reminder that the SETTRAC Quarterly Meeting is **Monday, July 18th** at 7:00pm at Memorial Hermann Hospital. This is the last meeting of Fiscal Year 2005. Parking will be validated at both the Hermann Professional Building Garage and TMC Garage 4. Please bring your parking ticket to the meeting and instructions will be given at that time for parking validation. The meeting will be held in the conference center of the Hermann Pavilion, located on the ground floor of the Hermann Pavilion. Please see the last page of the newsletter for a map.

A director cannot miss more than two Quarterly/Special Board Meetings each fiscal year. If a director misses more than two meetings in a fiscal year, he/she shall be deemed to have resigned his/her position effective immediately. Participation for Quarterly/Special Board Meetings is listed on page 2 of this newsletter and posted on the SETTRAC Web-Site.

Save(s) of the Day

Marjorie Lygas, Chair of the Hospital Care & Management

This is the third “**Save of the Day**” report this year. At first it was easy to report exceptional cases. Great examples every day! Now I realize that they are so numerous that it is hard to select just a few. These are some that have come to my attention, but are by no means the only ones:

(1) Female patient packing to take a trip out of town to visit her daughter, experienced chest pain, ignored it, and continued to prepare for her trip. While driving to the airport the chest pain increased in severity to the point that she was forced to call for help and contacted *On Star* who responded immediately with a call to 911. HFD responded with Medic 63, Squad 34 and ambulance supervisor 30. The symptoms were recognized and the process for the PATCAR study was initiated with contact to the Medical Center, transmission of the EKG and the go-ahead to begin the 1st dose of thrombolytic therapy in the field. Patient had continuation of treatment in the ER, was admitted to the CCU, had a successful recovery and was discharged home several days later. Thanks to the efforts of the team which included *On Star*, HFD, the study coordinated team at the Level I Center, all working together for an excellent outcome.

(2) Young unrestrained male- rollover-MVC with severe damage to the vehicle and 30 minute extrication time, slightly tachycardic but otherwise appeared stable with GCS 14-15. It was a great distance from the Trauma Center therefore crew elected to call for

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SETTRAC ATTENDANCE / PARTICIPATION REQUIREMENTS

Board Of Director's Attendance

A director cannot miss more than two Quarterly/Special Board Meetings each fiscal year. If a director misses more than two meetings in a fiscal year, he/she shall be deemed to have resigned his/her position effective immediately.

See below for a list of Quarterly Meetings attended by Board Members for FY05.

Board Position & Meetings Attended			Board Position & Meetings Attended			Board Position & Meetings Attended		
Austin Physician	0	Vacant	Colorado Physician	0		Fort Bend Physician	1	○ J
Austin Hospitals	2	○ J A	Colorado Hospitals	1	A	Fort Bend Hospitals	2	○ J
Austin EMS	3	○ J A	Colorado EMS	0	Vacant	Fort Bend EMS	3	○ J A
Harris Physician	2	○ J A	Matagorda Physician	0		Montgomery Physician	2	○ J A
Harris Hospitals	3	○ J A	Matagorda Hospitals	2	J A	Montgomery Hospitals	2	○ J A
Harris EMS	3	○ J A	Matagorda EMS	1	A	Montgomery EMS	3	○ J A
Walker Physician	3	○ J A	Waller Physician	1	J	Wharton Physician	2	○ J
Walker Hospitals	3	○ J A	Waller EMS	3	○ J A	Wharton Hospitals	3	○ J A
Walker EMS	3	○ J A				Wharton EMS	3	○ J A
Hermann Lev I	3	○ J A	So Tx ACS, Comm or	3	○ J A	Hou Chapter – ENA	2	○ J A
Ben Taub Lev I	3	○ J A	Gtr Houston EMS Cou	3	○ J A	Emerg Physicians Assn	2	○ J A
Ninth Dist Med Soc	3	○ J A	Texas Pediatric Societ	0		Houston Fire Department	1	○ J
Tx Hosp Assn-Rehab	2	○ J A						

EMS/Hospital Participation Requirements

- (1) Must attend at least two of the Quarterly meetings – attend 50%
- (2) Hospitals should attend 50% of at least 1 committee's meetings
- (3) EMS must attend 50% of at least 1 committee's meetings
- (4) EMS must attend 50% of EMS SQI Committee Meetings
- (5) Must Pay Annual Dues

See below for a list of Hospitals and EMS Agencies that have attended at least one Quarterly Meeting for FY05.

Hospitals					
- # of Meetings Attended -		- # of Meetings Attended -		- # of Meetings Attended -	
Bellville General	3	Gulf Coast Medical Center	3	Mem Hermann - Katy	2
Ben Taub General	3	Houston Community Hosp	1	Mem Herm - Mem City	3
Colorado Fayette	2	Huntsville Memorial Hosp	2	Mem Hermann NW	3
Columbus Community	3	Lyndon B Johnson	3	Mem Hermann SE	3
Conroe Regional	3	Matagorda General Hospital	3	Mem Hermann SW	2
Doctors - Parkway	2	Mem Hermann Children's	3	Mem Herm - Woodlands	2
Doctors - Tidwell	2	Mem Hermann Hospital	3	Northeast Medical Cente	2
East Houston Med	3	Mem Hermann - Ft Bend	3	Polly Ryon	2
Rice Medical Center	1				
Riverside General Hospital	3				
San Jacinto Methodist	1				
Spring Branch	1				
St Joseph Hospital	2				
Texas Children's Hospital	2				
Tomball Regional Hospital	2				
Twelve Oaks (North)	3				
West Houston Medical Cen	2				
EMS Agencies					
A+ Ambulance	1	Community VFD	2	Huntsville Walker	3
ACE	1	Correctional Managed	2	Jacinto City Fire	3
AMR	2	Deer Park Fire	1	Jersey Village	2
Atascocita EMS	3	El Campo EMS	3	Katy Fire Dept	1
Austin Co EMS	3	Fort Bend Co EMS	3	LaPorte EMS	2
Baytown, City of	3	Friendswood	2	League City Vol	3
Bellaire Fire	2	Galena Park EMS	2	Matagorda EMS	3
Brookshire-Pattiso	3	Harris Co ESD #1	1	Mem Hermann Life	2
Channelview EMS	3	Harris Co ESD #5	1	Montgomery Co EMS	3
Clear Lake Emerg	1	Houston Fire Dept	3	Nassau Bay EMS	2
Colorado Co EMS	2	Humble Fire Dept	3	North Channel EMS	1
North Star EMS	3				
Northwest Rural	2				
Pearland EMS	3				
Rice Univ EMS	1				
Sargent VFD & EMS	2				
SKYMED	2				
South Houston EMS	1				
Texas Medical Tran	2				
Village Fire Dept	2				
Waller Co EMS	3				
West University FD	1				
Wharton EMS	2				

<i>Upcoming Committee / Sub- Committee Meetings</i>	<u>Public Information & Education</u> Date: Monday, July 18th at 5:00pm Location: Memorial Hermann Hospital Hermann Pavilion Conference Center Please contact Molly Wilkins for more information	
	<u>Disaster, EMS SQI, and Pre-Hospital Care & Transportation</u> Date: Friday, July 15th Location: El Campo Fire Training Field 1043 North Wharton 10:00 am Disaster EMS SQI Pre-Hospital Care & Transport Please call Daniel Kosler for more information.	<u>Medical Audit, SQI, and HCM Committees</u> Date: Monday, July 18th Location: Memorial Hermann Hospital 5:30 pm Medical Audit SQI Hospital Care & Management Please call Marjorie Lygas or Mary Frost for more information.

SETTRAC Committees and Sub-Committees

EMS Medical Directors Committee

David Persse, MD (713)495-4231
 David.Persse@CityofHouston.net

Grants Review Committee

Madelyn Jurek (713)704-6160
 Madelyn_Jurek@mhhs.org

Public Information & Education Committee

Molly Wilkins (713) 873-3500
 Molly_Wilkins@hchd.tmc.edu

Trauma Care & Management Committee

Daniel Kosler / Marjorie Lygas

Sub-Committees

Hospital Care & Management
 Pre-Hospital Care & Transport
 EMS SQI
 Disaster
 System Quality Improvement

Marjorie Lygas
 Daniel Kosler
 Allen Sims
 Lon Squyres
 Mary Frost

713-704-5297
 281-633-7077
 281-440-9650
 713-674-8424
 832-824-5541

Marjorie_Lygas@mhhs.org
 kosledan@co.fort-bend.tx.us
 asims@ccems.com
 jcchief@pdq.net
 mhfrost@TexasChildrensHospital.org

SETTRAC Quarterly Meeting Tentative Agenda

I.	CALL TO ORDER	James Duke, MD
II.	ROLL CALL	Allen Johnson
III.	READING AND APPROVAL OF MINUTES	Allen Johnson
IV.	PUBLIC COMMENT	James Duke, MD
V.	EXECUTIVE REPORTS	
	<u>A. Chairman's Report</u>	James Duke, MD
	• General Remarks	
	<u>B. Vice Chairman's Report</u>	Darrell Pile
	• Membership Issues	
	<u>C. Vice Chairman's Report</u>	Thelma Lemley
	• GETAC/RAC Chairs Meetings Update	
	<u>D. Secretary-Treasurer's Report</u>	Allen Johnson
	• July Quarterly Financial Report	
	<u>E. Officer at Large Report</u>	David Persse, MD
VI.	COMMITTEE REPORTS	
	<u>A. Trauma Care & Management</u>	Daniel Kosler
	<u>B. Public Information & Education</u>	Molly Wilkins
	<u>C. Grants Review</u>	Madelyn Jurek
	<u>D. EMS Medical Directors</u>	David Persse, MD
VII.	DIRECTOR'S REPORT	David Rives
	• See Attached Report	
VIII.	UNFINISHED BUSINESS	
IX.	NEW BUSINESS	
X.	ANNOUNCEMENTS	James Duke, MD

Next Quarterly meeting: **October 17, 2005** at 7:00pm.

Board Members please remain for a brief Annual Meeting.

Board Terms Expiring in July

For the board members whose terms are due to expire, please make sure to get your nomination forms into SETTRAC as soon as possible. The following board terms are expiring in July.

Austin Co EMS - *received Nom*
 Colorado Co Hospitals - *received Nom*
 Ft Bend Co Physicians
 Harris Co EMS
 Matagorda Co Physicians
 Montgomery Co Physicians

Walker Co Hospitals
 Waller Co Hospitals - *perm vac*
 Wharton Co EMS - *received Nom*
 Hermann Hosp Level 1
 9th District Medical Society
 South Texas ACS
 Greater Houston EMS Council

SETTRAC 2nd Annual EMS & Trauma Care Conference

The SETTRAC 2nd Annual EMS & Trauma Care Conference is scheduled for August 4th & 5th at the Lonestar Convention & Expo Center in Conroe. Please see our web-site (www.SETTRAC.org) for the brochure and on-line registration.

HRSA Udate

After numerous delays the contract for HRSA Year 3, ending August 31, 2005, has finally been executed. The delays have been due to many changes in the HRSA program administration at the Department of State Health Services (DSHS). Because of the delay DSHS is attempting to obtain an extension of the contract to allow adequate time for the proper expenditure of the funds.

The main areas of focus for Year 3 are to: 1) ensure that there are enough hospital beds to meet the standard for surge capacity; 2) ensure that there are adequate amounts of pharmaceuticals at each facility; 3) establish relationships with EMS providers for transport/transfer of large numbers of patients if necessary. To meet the final items the Hospital Planning Group (HPG) is planning on adding EMS representation to the group in the near future.

HRSA Year 4 is scheduled to begin on September 1, 2005. At the time of this article the regional planning groups are working with DSHS to assist in preparation of the application for Year 4 funding.

For information about HRSA planning contact either of the HPG co-chairs, Lori Upton (832-824-5432, laupton@texaschildrenshospital.org) or Margaret Price (832-355-2264, mprice@sleh.com).

SETTRAC Scholarships

As we near the end of fiscal year FY05, please make sure SETTRAC receives all information for open scholarship applications. Applicants who take a course in August, must get their information into SETTRAC within one day following the course completion (all others applicants must send in their information within 10 days of course completion). August 31st is the end of our fiscal year and all SETTRAC Grant Funds must be spent by this date or be sent back to the state. On August 30th, all unclaimed scholarship funds will be reallocated to other grant items.

SETTRAC Injury Prevention - Water Safety

This information is sponsored by the SETTRAC Public Education and Information Committee.

Summer is here in beautiful southeast Texas and we want to make sure everyone remains safe as they enjoy the many water activities available. The following information will provide some reminders on how to keep you, your family, friends and the community safe.

<i>Pool Safety</i>	<i>Hot Tub Safety</i>
<ul style="list-style-type: none"> ❖ NEVER leave infants alone in or near water, and never rely of flotation devices as a substitute for constant supervision ❖ Keep children in view at all times, make sure you can see the pool from the house ❖ Teach children to swim responsibly, reckless swimming and horseplay around pools is a leading cause of water-related injuries ❖ Install a fence or other barrier, such as a wall, that is at least 5 ft. high completely around the pool ❖ Know all emergency phone numbers (like 911), and keep rescue equipment and a cordless phone near the pool ❖ Keep all electrical appliances away from the pool ❖ Store pool chemicals carefully, explosions and fires can occur if these chemicals are stored incorrectly or mixed with other chemicals 	<ul style="list-style-type: none"> ❖ <i>Never</i> soak in hot tubs under the influence of alcohol ❖ Limit the time you spend soaking in hot tubs, as high water temperatures can increase body temperatures beyond safety limits for children, pregnant women, diabetics, and heart patients ❖ Make sure electrical outlets near hot tubs are protected by ground fault circuit interrupters, which are designed to prevent electrical shock ❖ Be careful around inlet and outlet grates and drains – drowning or serious injury can occur if hair becomes trapped by suction ❖ <i>Never</i> run or jump into hot tubs ❖ Enclose hot tubs with self-closing, self-latching gates that open outward ❖ Keep anything carrying a live electrical current, such as hair dryers and telephone wires, far away from the water. Electrical shock can occur if a live electrical current comes into contact with the water

Boating Safety

- ❖ **Always wear a Coast Guard approved life jacket (PDF) when boating, keep it on when swimming, water skiing, or jet skiing**
- ❖ **NEVER** mix alcohol with boating
- ❖ **Check weather and water conditions before leaving shore**
- ❖ **Make sure your boat is properly maintained**
- ❖ **Have safety gear on your boat , including a fire extinguisher, first aid kit, extra life jackets/PFD, whistle, life ring, and flashlight, cell phone/marine radio**
- ❖ *Never* carry more passengers than your boat specifies
- ❖ **Assure that at least two people are aware of your intended course and time schedule**
- ❖ **Keep U.S. Coast Guard approved Visual Distress Devices- including red flares, orange distress flags, and electrical distress lights in a secure and easily accessed area on your boat**



Save(s) of the Day - continued from page 1

- (2) air medical transport. Angel Flight responded and there was a 35 minute air transport. On arrived at the Level I Center, multiple injuries were identified including a transected aorta which was repaired in OR shortly after arrival. Patient is recovering nicely. Good job Point Blank Fire Department in San Jacinto County, ground crew, Angel Flight and the Trauma Team.
- (3) Recent case of rollover van with ten (10) occupants and multiple ejections. Ganado EMS was faced with triage and assistance for numerous victims. El Campo EMS quickly responded with assistance and a call went out for air medical support. Three air medical services responded and Critical Air, PHI and Memorial Life Flight transported nine (9) victims to Memorial Hermann Hospital in seven (7) helicopters. (There was one death at the scene) This scene occurred 25-35 minutes by air from the Medical Center and too far to go the extra miles to UTMB so the trauma team at the Memorial Hermann Hospital was also faced with handling nine (9) acute patients at virtually the same time. 8/10 victims (many children) were immediate family members including the mother, who was DOS. Extra assistance from Trauma Surgeons, Neurosurgeons, Radiologists, trauma nurses and social workers were quickly rallied. Great job by all members of the response team from EMS first responders to ER trauma team members to dispatch center with air traffic control issues involving seven helicopters. This exemplifies the importance of team work, utilizing resources to the maximum, and realizing when you need to ask for help!

Upcoming Educational Opportunities

Critical Air Education

ACLS

Date: **August 8-9, 2005**
Cost: \$50.00

Location: MetroCare Bastrop Co EMS in Bastrop Texas

Please see www.SETTRAC.org for a Brochure

Please contact Shannon Richter @ 417-274-0455 or richtershannon@air-evac.com

Memorial Hermann Life Flight Education

ACLS	ATLS/ATCN	PALS	ENPC	TNCC
Aug 4-5 – MH	Sept 16-17 – MH	July 20-21 – MHSW	July 28-29 – MH	Aug 26-27 – MH
Aug 10-11 – MHSW		Aug 18-19 – MH	Oct 27-28 – MH Katy	Sept 22-23 – MH Katy
Sept 8-9 – MH		Sept 30-Oct 1 – MH Wood		
Sept 20-21 – Ft Bend		Oct 10-11 – MHSE		
Oct 4-5 – MHSW		Oct 20-21 – MH		
Oct 7-8 – MH Wood				
Oct 13-14 – MH				

For more info, please contact Life Flight Education at 713-704-6151 or e-mail at Lifeflight_Education@mhhs.org

Map For Quarterly Meeting Location

Parking will be validated – Park in **Hermann Professional Building Garage or TMC Parking Garage 4** and bring ticket with you to the meeting

